

**EDEN ALTERNATIVE** – The core concept of The Eden Alternative™ philosophy is strikingly simple. We must teach ourselves to see our environment as a habitat for human beings rather than a facility for the frail and elderly. We must learn what Mother Nature has to teach us about the creation of vibrant, vigorous habitats. The Eden Alternative™ shows us how companion animals, the opportunity to give meaningful care to other living creatures, and the variety and spontaneity that mark an enlivened environment can succeed where other interventions may fail.

**HOUSEHOLD HAPPENINGS – Kugler Woods/Hickory Cottage** – In August we said hello to new resident, **Helen Schmidt**. We also moved some residents upstairs and some down for the final phase of construction. We had a lot of fun practicing for the Olympics. We have many planned activities in September - please pick up a copy in Kugler Woods or give Vivian or Amy your e-mail address so we can send one to you. We have exercise, manicures, happy hours, baking and game playing.

**McCormick Landing** - In August we went to *Buckhead Mountain Grill* in Newport for lunch where we had a wonderful meal and a great view of the Ohio River. Activities such as ice cream socials, happy hour, lunch grill out, almost out to lunch and manicures will continue to be on our monthly calendar because they are favorites of the household. We are preparing to do some fund raising events in preparation for Christmas and could use some ideas. We would like to welcome **Louise Schwartz** and **Jean Smith** to our household.

**Ripple Ridge** – In August we were busy practicing for the Olympics. We enjoyed a beautiful day at the Reds game, went to lunch at O'Charleys and brought lunch in from Cracker Barrel. We cooled off with ice cream sandwiches and root beer floats. We had a themed German dinner that included German potato salad, pork roast, sauerkraut and German chocolate cake. This month we are enjoying American food that will include hamburgers from the grill, potato salad and strawberry short cake. Thank you to Brandon McFarland for volunteering to be our new bus driver. We will be going shopping at Walmart this month and out to eat at the Montgomery Inn Boathouse. We welcome new staff member Jacquelyn Holcomb as our new Homemaker.

**Shumard Rehab** – Shumard Rehab is excited to announce that as this newsletter is being written, our new countertop is being installed. It is beautiful and will make a much needed improvement complete. Next is our patio door. Be sure to look for information on our "NEW PATIO PARTY" when completed. Something new for September will be weekly scheduled "Walle Wednesdays". Walle (a 9 pound black and white Shiatsu) has been coming to SEM Haven since he was 6 weeks old. He now has a set day. You are invited to visit with him on the rehab household.

**Milcroft Manor** – In August we enjoyed another cook out & have spent a lot of time working in & sitting in the garden. We have been practicing for the Olympics. In September we will make a meal of ham with string beans from our garden. We will also have our final cook out of the summer. We'll bake cakes & celebrate **Vivian Holliday & Tim Prigge's** birthdays.

**Gatch Grove** – We kept busy on the grove through August with lunch outings to Applebee's and Cracker Barrel, numerous socials, group exercise and games on the household. We had showers for the two brides on our household Denise Apgar and Jessica Edwards. Congrats on their nuptials. September will be another fun packed month. Lunch outings scheduled for the 12<sup>th</sup> and 19<sup>th</sup>, almost out to lunch on the 29<sup>th</sup>. and numerous socials and game time planned. Don't forget to pick up your raffle tickets for the sunflower babies that are on display in the household dining room. The tickets can be purchased at the receptionist desk. The annual Gatch Grove Family Reunion is scheduled for the 22<sup>nd</sup> at 6:00 pm. We will be having a grilled meal of hamburgers, chicken breasts, and hot dogs provided. Please RSVP to 965-7722 with the number in your party and side dish or dessert you plan to bring. We plan to set up in the upper employee parking lot adjacent to Gatch Grove, weather permitting. See y'all on the 22<sup>nd</sup>!

**ACTIVITIES HIGHLIGHTS** - In September we are planning a dog show to see all the cute animals belonging to our staff & families. We will also enjoy an afternoon of dancing as staff perform line & ballroom dancing. Janet Dieman will visit & bring pictures of her travel to the Alps. September 11<sup>th</sup> Grandparents Day & Anniversary of 9/11. Chaplain Bill will do a talk/service at 3:15 p.m. in the Gathering Room.

**STAFF NEWS** –Congratulations to **Felicia Ayers** (Kugler Woods) on the birth of her son, Aiden James, on August 4; he was 8 lbs 2 oz. Aiden is also the new grandson of **Marlene Rybolt** (Kugler Woods). **Jackie Turner** (Ripple Ridge) has a new grandson Carson James Turner. Carson was born on August 15<sup>th</sup> and weighed 6 lbs. 12 oz.

**OLYMPIC RESULTS** – We had a perfect week - from the Opening Ceremonies led by 102 year old torch bearer **Nan McMannan** to the Closing Ceremonies with our **Milford Fire Department** presenting the team awards. Once again, the **Milford Fire Department** helped assist us in the events – they were great! Here are the results – congratulations to all who participated:

*First Place – Kugler Woods  
Second Place – Gatch Grove  
Third Place - Ripple Ridge  
Most Spirited Award – McCormick Landing  
Best Sportsmanship – Milcroft Manor*

Corn Hole	1 – Vivian Holliday	2 – Gertrude Branson	3 – Mae Proffitt
Jig Saw Relay	1 – Ripple Ridge	2 – Kugler Woods	3 – McCormick Landing
Discus Throw	1 – Larry Mecklenborg	2 – Irene Flynn	3 – Walter Sarver
Javelin Throw	1 – Stuart Trefzger	2 – Marie Kammer	3 – Walter Sarver
Shoot the Hoop	1 – Ruth Colby	2 – Larry Mecklenborg	3 – Mae Proffitt
Squeeze	1 – Larry Mecklenborg	2 – Walter Sarver	3 – Stuart Trefzger
Stack	1 – Rachel Maupin	2 – Larry Mecklenborg	3 – Edna Tebbe
Twist	1 – Helen Ballinger	2 – Elaine Wright	3 – Peg Patton
How long is a Minute	1 – Lois Taylor	2 – Mary Banks	3 – Doris Kocher
Cookie Decorating	1 – Irene Mendenhall	2 – Vivian Holliday	3 – Walter Sarver

**FLU VACCINE** – Our residents and staff will be receiving the vaccine for seasonal flu. Enclosed with this month's statement is information regarding the vaccine and a consent form. Please sign the consent and return to us as soon as possible.

**CONSTRUCTION UPDATE** – The final phase of renovation has begun in Kugler Woods assisted living. The main entrance to assisted living will be closed for approximately 2 months. Visitors may come in the main entrance and go through McCormick Landing. Also this month we will complete renovation to the kitchens on McCormick Landing and Shumard Rehab.

**NATIONAL ASSISTED LIVING WEEK**, Sept. 11-16, Patriotic Theme

Sunday, 11<sup>th</sup> - (Also Grandparents Day) at 3:15 we will have an open house. Chaplain Bill will wear his uniform and have a special memorial for the 10<sup>th</sup> anniversary of 9/11.

Monday, 12<sup>th</sup> – 2:00 Patriotic Dollar Poker with Amy and Gail

Tuesday, 13<sup>th</sup> – 2:00 Patriotic Dollar Bingo with Amy and Viv & at 6:30pm we will have a Patriotic party with “The Merry Moores” entertainment duo.

Wednesday, 14<sup>th</sup> – 2:00 another Patriotic Party with entertainer “Jim Hermann”.

Thursday, 15<sup>th</sup> – 2:00 USO Dance with Chaplain Bill as our DJ, Barb and Nancy as our Dancers, and Tim and Amy at the Helm.

Friday, 16<sup>th</sup> – 1:30 last Patriotic party of the week with “Mike Pendell” from “Songs for Seniors”.

We will not be having our annual Resident/Family/Staff picnic this year due to the construction, but please feel free to join us any day for any of our get together's. We WILL be planning a big Resident/Family/Staff party when Construction is complete.

**RESIDENT SPOTLIGHT:** Let me introduce you to **Betty Shoup** - a pleasant “people loving” lady, who is fun to visit and talk to. She was born and raised in Cincinnati, Ohio in Pleasant Ridge with a sister and five brothers. Her father worked for the railroad and her mother was a homemaker. Betty graduated from *Withrow High School*. Betty never married and that gave her the opportunity to get very close to nieces and nephews, of which there are eleven. Betty worked for the Cincinnati Bell Telephone Company for 37 years in the accounting office.

In 1975, Betty moved to Milford on Cemetery Road and lived with her sister Bev and brother Abe who came home from the war with bad hearing. The family was greatly affected by the war. One brother was killed and another was a POW. Betty often visited her brother Roy in California and also traveled to Las Vegas, Niagara Falls, the Smokey Mountains, Florida and Hawaii. Some of these were family vacations.

Betty enjoyed eating out - *Frisch's*, *Steak and Shake* and *The Cricket* with her good friend Mary Alice when they worked for “Bell”. Betty's hobbies were reading, flower gardening, and needlepoint. She loves the old movies and remembers fondly her mother taking her to matinees. Her favorite movie star was John Wayne, especially his westerns, Errol Flynn Jack Benny and Bob Hope. TV favorites are *Gunsmoke*, *Knott's Landing*, *Lawrence Welk* and soaps like *General Hospital*. She was a big fan of “the Big Red Machine” and they often went to games as a family. Her favorite player was Pete Rose.

Betty loves dogs, especially *Shiatsu's*. She had one named “Shu Shu”, and one named Hamlet. She was a long time member of the *Branch Hill Church of Christ*. Betty enjoys family devotions, chaplain's visits and prayer in her room.

A passage I would pick for Betty would be Ps. 26 1-3 “Vindicate me, O Lord, for I have walked in my integrity. I have also trusted in the Lord; I shall not slip. (2) Examine me, O Lord, and prove me, try my mind and my heart. (3) For your loving kindness is before my eyes, and I have walked in Your truth. (NKJV) Betty is a loving, caring lady, and we love having her here at SEM Haven with us. Chaplain Bill

Barb Wolf, Administrator