

January 2012

## MONTHLY UPDATE

**EDEN ALTERNATIVE** – There are ten principles that form the basis of *The Eden Alternative*. Eden Principle #1 is a statement about why we need to change the culture of resident care:

***The 3 plagues of loneliness, helplessness & boredom account for the bulk of suffering among our Elders.***

This principle teaches us that medical diagnosis and treatment are just part of the care of our elders; we need to treat each individual as a person with physical, emotional and spiritual needs that are even more important to their quality of life.

**HOLIDAY TREATS** –The staff at SEM Haven wish to thank the many families and vendors who brought in a wide assortment of treats for us to enjoy. It really means a lot to be remembered in this way and want you to know how much we appreciate your thoughtfulness. In addition, several families made donations to our employee fund, which we use for staff member recognitions. Thank you!

**ADVANCE PLANNING SEMINAR** – On Friday, January 27<sup>th</sup> at 10 A.M. SEM Haven is hosting a free educational seminar with breakfast and door prizes. Speakers will be Michael Minniear, attorney, and Pam Ulery, prearrangement specialist from Evans Funeral Home. Topics include power of attorney, wills, health care directives and advance funeral planning. Come have some breakfast, get a little knowledge and socialize with others! Please RSVP to (513) 348-6790.

**HOUSEHOLD HAPPENINGS** - Our *Christmas Sampler* open house was wonderful again this year with many residents, families and staff attending. In addition, the individual households had separate holiday celebrations with gifts for all!

**Ripple Ridge** – We were busy in December shopping and getting ready for Christmas. We took trips to *Walmart* and to *Eastgate Mall*. We are happy to have Denise as our new activity person; she has been keeping everyone busy with lunch outings, games, Christmas activities and much more! The residents enjoyed their Christmas party and each received a gift from the staff. January we will be making crafts, going out to lunch and primping with manicures and such as well as cooking and exercising for the new year. If you would like the calendar e-mailed to you monthly, please leave your address with one of the nurses or in the office with Anne, Kelli or Amy. Happy New Year to All!

**Milcroft Manor** - The household was decorated, we had fun at all of our parties, and we ate & ate & ate. Our residents received gifts and sang Christmas songs with our entertainer. Several groups came to our household to sing Christmas carols. This was certainly a festive holiday season! Milcroft Manor wishes everyone a Happy New Year! January will be a time to shift gears, take down the decorations & rest a bit for the winter...however it is also the time to start our winter sowing as we did last year. We planted flower seeds in plastic milk cartons & put them out on the patio & wonder of wonders they grew & in the spring we planted them in the garden. It's a great way to get through winter.

**Kugler Woods & Hickory Cottage** - We had a wonderful time at our Grand Opening -everyone thinks we are beautiful and we agree. We are so excited to start the New Year doing fun activities in our new dining and family rooms. We enjoyed many Christmas parties, carolers and caroling. December is always a fun month. Highlights for January are: CLR and Poker on Mondays; News and Views, Bingo and Manicures on Tuesdays; games and competitions on Wednesdays; cooking, crafts and entertainments on Thursdays and Fridays; exercise, Bingo and Movies on Saturdays and church services and music on Sundays. We have a lot of plans for January and if you would like to get a schedule via e-mail, please let Vivian or Amy know your address. Also, when you stop by, don't forget to look at one of our RADA fund raiser books.

**Gatch Grove** – Happy New Year from the Grove and we hope you had a blessed Holiday Season. We were busy on the household with two lunch outings to *Montgomery Inn*, lots of crafting and decorating. We are ready to kick off a banner year in 2012 with bigger and better events, celebrations, fund raising, and family fun. Lunch outings for January are planned for *Rooster's* and *Cracker Barrel*, come join us if you'd like. If you have that winning recipe for the soup cook-off, please share with us. If you have suggestions for an activity or event, let us know. We are always taking e-mail addresses to add to our mailing list. Thanks again for the donations and help during the holidays to make our fund raising efforts so successful and our Christmas so special for the elders of Gatch Grove.

**McCormick Landing** - We hope that everyone had a very Merry Christmas as we sure did. We had a very busy month with lunch & shopping at *Cracker Barrel*, almost out to lunch from *Long John Silvers*, and a shopping trip to *Eastgate Mall*. At our household Christmas party each resident received a nice gift from Santa and the staff received a gift from the residents. We had fried chicken and the staff brought in side dishes for lunch. Of course we played bingo, a favorite of many, after we opened gifts. McCormick Landing residents and staff would like to wish everyone a happy & healthy 2012.

**OVER** 

**Shumard Rehab** – We had a GREAT December. The patients received a small gift each morning when they woke for 12 days before Christmas. The staff participated in a Secret Santa. Each week in December a gift was found under the tree. The last gift revealed who the SECRET SANTA was. It was a lot of fun. We had our annual Chocolate fountain and Pepper Jelly /Cream Cheese for the Sampler with a lot of return guests from the other households who remembered the goodies. Many of the household staff brought in their children/grandchildren, it was nice to see all of them and watch them interact with the patients. We are looking forward to January and the soup competition. We will be asking our rehab patients for their favorite soup recipe and will hopefully bring home a winner.

**BEAUTY SALON - Arlene Keirns** our Beautician has retired after 24 years of service. She will be missed by our residents. Please welcome **Cheryl “Cookie” Skukan** to our salon. New Salon hours: Monday & Tuesday – Cookie; closed Wednesday; Thursday & Friday – Sharon.

**EMPLOYEE NEWS – Cecilia McGee** is a grandma for the third time! Evan Matthew was born January 1st and weighed 7lb, 6oz. **Michele McFarland** has completed advanced college coursework and passed an exam to become a *Certified Dietary Manager*. This is quite an accomplishment and shows her dedication to her job.

**COLD & FLU SEASON** – We ask that anyone with symptoms of illness not visit your loved ones at SEM Haven. As you know, elderly individuals are very susceptible to complications of flu or colds.

**SOCIAL EVENTS HIGHLIGHTS:** This December was the busiest ever with groups who came in to sing, visit & bring gifts. Our Christmas Sampler & household Christmas parties were a success. Every part of the facility was beautifully decorated. In January we will have a Balloon Volleyball game on the 11<sup>th</sup>, a Pie & Ice Cream Social on the 12<sup>th</sup> for National Pie Month; a soup competition on the 19<sup>th</sup>, a Girl Scout troop will come in to play Bingo with us on the 24<sup>th</sup>, Bill Roth will entertain on the 26<sup>th</sup> along with our usual entertainers Jack Daniel on the 7<sup>th</sup> & Bill Smith on the 13<sup>th</sup>.

**RESIDENT SPOTLIGHT** by Chaplain Bill. **Bill Drodge** was born in Pittsburgh, Pennsylvania on January 2, 1923. His father and mother were from Nova Scotia, Canada. His father was a hockey player until he married and then he became the manager of a retail store. His mother was a fine homemaker. Bill had one brother and one sister, both now deceased. Bill graduated from the *University of Pennsylvania* with a business degree. He was in the *Army Air Corps* in World War II; he flew 35 missions over Europe in the 8<sup>th</sup> Air Force under General Hap Arnold. Thirty-five missions was the number that all air crews worked for as that meant they could then go home. Bill was a tail gunner on a B-17 bomber. He had his clothes shot off and didn't get a scratch. On another mission the tail section was shot up but Bill crawled out, unhurt. His guardian angel worked overtime! He came home with a distinguished *Flying Cross* and five air medals. Bill and Norma were married in 1947. Their four children, two boys and two girls, all live out of town. They all graduated from college and are living great lives. They have six grandchildren, but as yet, no great-grandchildren. Bill was a plant comptroller for the *Dana Company*, taking care of the money - he can still rattle figures around like a calculator.

Bill and Norma lived in Sun City Center, Florida, for 19 years where his hobbies included tennis, bowling and lawn bowling. They had a golf cart, just right for their purposes. Bill also enjoyed playing bridge and vegetable gardening. He listens to classical music and he and Norma jitterbugged to the Big Bands. They also loved square dancing. Bill likes western movies and John Wayne and the TV shows “I Love Lucy” and “Andy Griffith’s”. Bill always had a sweet tooth and still asks Norma for a candy bar when she visits.

Bill and Norma were members of the *Methodist Church*. They always looked for a church with a good youth group for the kids. Bill is a good Bible student and has read the Bible through twice. I love seeing Bill and Norma in our chapel and hope to have them with us for a long time. A passage I would pick for Bill with his desire for study would be 2 Timothy 2:15. Study to show thyself approved unto God. A workman, who needeth not to be ashamed, rightly dividing the work or truth (KJV).

Barb Wolf  
Administrator

