

February 2023 – SEM HAVEN REHAB

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 10:00 Word Search Wednesday	2 3:00 Chair exercise workout video	3 3:00 Root beer floats	4 2:00 Activity Cart Options (sunroom)
5 11:00 Church Service	6 10:00 Brain Games	7 4:00 Devotions with Chaplain Bill	8 10:00 Word Search Wednesday	9 3:00 Chair exercise workout video	10 3:00 Happy Hour	11 2:00 Activity Cart Options (sunroom)
12 11:00 Church Service 6:30 Super Bowl Party	13 10:00 Brain Games	14 2:00 Valentine's day party 4:00 Devotions with Chaplain Bill	15 10:00 Word Search Wednesday	16 3:00 Chair exercise workout video	17 3:00 Chair Volleyball	18 2:00 Activity Cart Options (sunroom)
19 11:00 Church Service	20 10:00 Brain Games	21 4:00 Devotions with Chaplain Bill	22 10:00 Word Search Wednesday 3:00 Resident Counsel	23 3:00 Chair exercise workout video	24 3:00 Ice Cream Treats	25 2:00 Activity Cart Options (sunroom)
26 11:00 Church Service	27 10:00 Brain Games	28 4:00 Devotions with Chaplain Bill			** All activities are subject to change without notice. **	