

FEBRUARY 2020

# MONTHLY UPDATES



## HOUSEHOLD HAPPENINGS

**Kugler Woods/Hickory Cottage** - We have a lunch outing scheduled for 2/5 and Almost out to lunch on 2/7 is resident's choice. Our Valentine Bingo will be on Kugler Woods 2/11 at 2:00. Everyone is invited to join in the fun! We have many happy hours planned for February. Mark Huffman, flautist will be entertaining us on 2/19 at 2:00. We have Louise Feed and Seed classes coming on 2/20. They believe that working with our hands is a therapeutic and healthy activity for all of us, no matter our age. We will be rotating the classes on each assisted living household. Our bee hives are surviving the mild winter and will be adding an additional hive this spring!

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**Ripple Ridge** - February is shaping up to be a fun filled month. We have two lunch outings planned this month, Butterbee's and Red Robin. February is National bird feeding month so we will be making some homemade suet cakes for our feathered friends. We are also going to be starting to plant seeds for our gardens this month; planting season will be here before you know it. To bring out our inner artist we are going to try our hand at acrylic painting this month. We will also be having our annual household fish fry during Lent on Friday, February 28th; this has become one of our resident's favorite events. We are planning a soup/appetizer sale on February 13th from 10:30am to 12:30pm as part of our household fundraising goal. Be on the lookout for future Ripple Ridge fundraisers throughout the year.

**Gatch Grove** - Well we are already starting 2020 at a fast pace. Our lunch outings will be 2/10 to Red Robin & 2/24 to Butterbee's. There is a shopping trip to Walmart scheduled on the 29th at 1:30pm. We will be baking with Tammy on 2/21 @ 2pm and having a Fish Fry on 2/28 for dinner. We are back to our normal musical groups and will play card games, TV word games, dice games, balloon volleyball, puzzles, poker, trivia, and, of course, have manicures. If anyone would like to help with the trips please let Tim know; 513-965-7722 or [tbentley@semhaven.org](mailto:tbentley@semhaven.org).

**Canfield Court** - We had a great January, the weather held up so we were able to go on all our outings and our guest entertainers made it in. We celebrated many birthdays including Popeye The Sailor Man and our precious dog Walter. He turned a big 7 years old! February will be a fun filled month, we will celebrate the 75th birth anniversary of Bob Marley; a Jamaican singer and song writer and Home Run Hitters such as, Hank Aaron and Babe Ruth. We will do a little Valentine's Day baking and Valentine's Day art. Our entertainers will join us on the second Monday, third Thursday, and forth Wednesday of the Month as usual. On the 20th is Hoodie-hoo Day, so at noon we will go outside to yell "Hoodie-hoo!" to chase away winter. On the 25th we will switch out our coffee and Doughnuts for tasty king cake and have some Mardi Gras Bingo fun! One last thing, we won third place in the Chili Cook-Off!

**McCormick Landing** - January has flown by and now February is here! We have many things planned on McCormick. We will be once again enjoying music by Jim Lindenschmidt and Bible studies with Chaplin Bill. We will be baking once a week and continuing with our Learning Circles. We will be going on a lunch outing with Canfield Court to Red Robin. And we will be celebrating Mardi Gras on February 25th with King Cake.

## EDEN ALTERNATIVE

**EDEN ALTERNATIVE™** - Eden Principle Two states, "A resident-centered community commits to creating a Human Habitat where life revolves around close and continuing contact with plants, animals and children. It is these relationships that provide the young and old alike with a pathway to a life worth living." This is a statement about how to eliminate the three plagues of loneliness, helplessness and boredom. It is what drives our resident-centered philosophy of care and is a focus when planning any construction or renovation. It is why we have households with team-based staffing so residents and those who work closest with them make decisions about life in their home.



Learn more about the [Eden Alternative.](#)

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# ELDER SPOTLIGHT

## ~ Chaplain Bill

Bob Caples is a resident in Kugler Woods. He was born in Women's Hospital in Baltimore, Maryland; now Greater Baltimore Memorial Center. There were complications with the birth but God had plans for Bob. Bob's father was Dr. Delphin Delmas Caples, a general practitioner and surgeon. His mother was Louise Skylar Leigh Caples, a registered nurse who served in the army during the North Africa Campaign. Bob's brothers are Dr. Pete Ledley Caples and Richard James Caples. He also has a sister Patricia Lee Bennett Greenwell.

Bob was educated in the schools in Reisterstown, Maryland, attending grade school, junior high and high school there, the same as his father had done. Bob lived in Reisterstown for 44 years. From 1980 to 1999, he worked for the Social Security Administration, eventually retiring from there with a disability.

Bob's hobbies are fascinating. Since the age of six he has collected stamps and coins. Can you imagine the collections he has! He also has a patch collection, arm patches and the like. He enjoys genealogy studies, just as his mother before him. He is a member of the Sons of the Revolution. His great-great-great grandfather fought in the War of 1812 and in the battle for Baltimore in 1814, the battle in which Francis Scott Key wrote the "Star Spangled Banner". He went to Paris as a delegate to the convention of the Sons of the Revolution. He was also in England for a couple of weeks for an event with the Shipley's of Maryland, his father's side of the family.

Bob is a chess player and has two beautiful chess sets in his room. He was an alternate on the chess team in high school. Bob drove and wishes he still could. His last car was a 1991 Chrysler Plymouth Sundance. He likes all kinds of country music, old and new. He is a Star Wars fan and would like to see the latest one. He likes to watch the news on TV and stays informed with current events. Bob was an Explorer Scout and rose to Explorer Scout First Class. He was active in the Junior Gun Club while in scouts. His favorite pet was a German Shepherd named Kaiser.

Bob's church life is Episcopalian and his family attended the All Saints Episcopal Church in Reisterstown, Maryland. He is a most interesting fellow who is very pleasant to talk with and is always ready to carry on a conversation. A passage I would pick for Bob, because of his success and contentment is Ps. 40:5 "Many O Lord my God are the wonders you have done. The things you planned for us no one can recount you; were I to speak and tell of them, it is too many to declare". (NIV) Bob, we enjoy your life and are glad you are now here with us.

## OTHER NEWS

**EMPLOYEE NEWS** - Please join me in welcoming our new Maintenance Director, Charlie Emery. Charlie's first day with SEM Haven is Monday, February 3. We are very excited for him to join our team. His knowledge of overall maintenance, regulatory demands and his person-centered approach will make him a great addition to our SEM Family. Congratulations to Diana Smith for passing her nursing boards in January!

**SEM HAVEN IS HIRING** - Find all of the details on our [website](#).

**CHILI COOK OFF** - The Milford Fire Department once again served as judges for the SEM Haven Chili Cook off in January. Winners of the chili cook off:

1st Place - McCormick Landing      2nd Place - Gatch Grove      3rd Place - Canfield Court

**The Annual SEM Haven Easter Egg Hunt** will be held Saturday, March 28, 2020 at 2:00 pm. We would graciously accept individually wrapped candy donations to fill the Easter eggs! Please drop them off to the activity team lead on each household or at the SEM Haven Front Desk. The Easter Bunny will be making an appearance and there will be prizes and refreshments! We greatly appreciate your donations and look forward to seeing everyone on the day of the hunt!!



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# SOCIAL EVENTS HIGHLIGHTS:

FIND ALL OF OUR ACTIVITIES ONLINE: [FEBRUARY ACTIVITIES CALENDAR](#)

**FAMILY SOCIAL** – Please join us February 13 from 6:30-8p for a family night. We will be offering an information session from United Health Care on a specialty program offered to nursing home residents. As usual there will be great food provided by our culinary team. This is also a great opportunity to meet others and socialize. All are welcome!

**OMA (Opening Minds through Art).** We are excited to announce SEM Haven will launch a Spring Session of the OMA Program in mid-February. It is an intergenerational art program through the Scripps Gerontology Center at Miami University. The program is designed for individuals with dementia and aims at promoting their social engagement, independence, and dignity through the experience of creative self-expression. For OMA to be a success we need support from volunteers! If you are aware of any high school or college aged students interested in volunteer opportunities or you are interested in volunteering for this program please contact Tim Bentley. All volunteers aged 13 and up are welcome.



Have a great month.  
--Jessica Hall, Administrator