

JULY 2020

MONTHLY UPDATES



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MONTH'S ISSUE:**

EDEN ALTERNATIVE HIGHLIGHT - PG. 2

HOUSEHOLD HAPPENINGS

Kugler Woods/Hickory Cottage/Willow Way: All the men enjoyed the Father's Day outdoor grill-out in our beautiful Gazebo! We have many outdoor activities planned this month. Nothing's better than a grilled hotdog, corn on the cob and of course marshmallows and s'mores. Happy hour is still happening every Wednesday and our weekly ice-cream of the week is a big hit. Our residents love the outdoor visits from family. We continue to pray for good health to you all.

Ripple Ridge: Wow, July already? We have a lot of fun and entertaining things planned for July. We will have live music with Jim Lindenschmidt, he was amazing so we have asked him to come back and play for us again in the courtyard. There are lots of crafts planned, some kitchen strainer painting, and works of art with sea shells. Some delicious treats to keep us cool during this hot month, popsicles, banana splits and snow cones. Our vegetable garden is doing very well, we should have cucumbers ready to eat in a couple of weeks. Our flowers are growing quickly also, lots of beautiful colors on our patio. There are 2 Almost Out to Lunch days planned, one from LaRosa's and the other from Gold Star Chili, since we can't go out and get it, we will bring the restaurant to us. Stay cool and stay safe, we hope to see everyone soon!

Gatch Grove: It's July and as we are going to of our 4th month of quarantine, we will be taking small groups to the gathering room for some socials (groups of 10 or less). We will be doing one on one activities in resident rooms, playing Hallway Joker Uno, Hallway bingo, TV word games, Learning Circles, balloon volleyball, trivia, and, of course, have manicures. We are providing puzzles, color pages, and other materials for independent in room activity. We will still be doing church services on all the households on Sunday's & Bible Study during the week. If anyone would like to facetime, Google Duo, door or window visit, or just call their love ones please contact Christine Pierce @ cpierce@semhaven.org. If you have any questions email tbentley@semhaven.org.

Canfield Court: Well this month certainly flew by! We did a lot of baking, enjoyed many different special snacks such as; Ice cream, cookies and popsicles on the patio. We were able to enjoy a courtyard concert with Jim Lindenschmidt safely from our living area. The elders absolutely loved it! Everyone was dancing and singing in their seats. We had Gold Star Cheese Coney's for an almost out to lunch, and what a special surprise that was for our elders! Everyone had a full belly. We also celebrated three birthdays this month. We did a little bit of corn hole and a lot of balloon toss. Next month will be just as great, Jim will come again since everyone enjoyed him so much and we will continue to do arts and crafts, baking, one on one visits and conversation, time outside in our beautiful courtyard, and even more exciting snacks such as, soft serve ice cream and cheese cake sampling. Please stay safe and we will continue to keep our elders safe here.

McCormick Landing: June was a busy month on McCormick. We are learning to live with a new normal in this COVID-19 world. We have many things planned for July. We are going to celebrate July 4th with a review of our country's history. We are also going to have firecracker popsicles. We will be listening to music by Jim Lindenschmidt, play cornhole and have craft corner. We plan to continue having household learning circles, Catholic Mass (online) as well as virtual Rosary service. Chaplain Bill will continue to come for church services and Bible study.

SEM Haven Rehab: Rehab is staying cool in the summer heat as we work to get our guests back home. We always have a puzzle to work on and everyone enjoys doing their part. Lots of cool summer treats on the calendar in July including ice cream bars, popsicles, and snow cones. Hallway Bingo continues to be a hit for our rehab guests and they love the snacks and prizes that come along with it. We are planning another cookout in July with all the traditional foods that remind us of summer!

EDEN ALTERNATIVE

EDEN ALTERNATIVE™ – This month I would like to describe the values of the Person First philosophy. This philosophy of care is a collaborative effort to create meaningful life. We value the person no matter what their abilities or disabilities are. We consider a person's habits, routines and practices when providing care and place a high value on the relationship between the resident and caregiver. Other values of Person First include:

- Acknowledges that behavior is a way of communicating
- Emphasis is on spirit as well as body and mind
- Puts the person before the task
- Begins decision making with the person
- Invites challenge regardless of success or failure
- Believes part of living is to continue to learn and grow as a person

COVID-19 UPDATE

COVID-19 UPDATE - We want to thank you for your continued cooperation as the rules and guidelines continue to change frequently. We are excited to hear that the governor has decided to allow outdoor visits in nursing and rehab starting July 20th. Be on the lookout for more communication regarding the guidelines for these visits. The Ohio Department of Health conducted their infection control survey process in mid-June and SEM Haven received zero deficiencies. This is a huge accomplishment and confirms that our staff is doing a great job of infection prevention.

ELDER SPOTLIGHT

~ Chaplain Bill

Ruth Groppe

"Ruth was born, September 7, 1926 in the Cincinnati neighborhood of Northside. She is the daughter of Philip and Rose Vorherr. Mom had three brothers: Phil, Will and Lester. She also had a sister, Mildred. Mom's father was a Cincinnati policeman and her mother was a homemaker. Mom graduated from Hughes High School in 1944.

During high school she was offered a scholarship to the University of Cincinnati for her singing voice, however, she was unable to attend. Mom married Robert E. Groppe. Dad served in the Navy during WWII. He was in both the European and Pacific campaigns."

(I, Chaplain Bill, have seen pictures of Bob in his uniform, he was a handsome guy.)

"Dad was a homicide detective for the City of Cincinnati. He solved numerous high-profile homicides and was featured in several national publications regarding his investigative work. Later in his career, Mom and Dad started a polygraph business that served many companies in our area. Mom worked as a bookkeeper and business manager throughout her career.

Mom and Dad had three children, Keith, Gail, and Mark. She also has seven grandchildren and several great grandchildren. Mom was the best grandmother on the face of the earth. She always had her grandkids over to her house where she cooked and had sleepovers.

Mother loves musicals. Her favorite movies are Gone with the Wind, The King and I, and the Sound of Music. I believe her favorite singers are Julie Andrews and Frank Sinatra. Mom is an avid card player. Her favorite game is bridge. Throughout her life, she participated in several bridge groups". (We have a bridge group here run by volunteer Bunny Proctor who knows Ruth and Ruth always gets up for these bridge games. These groups are currently suspended due to COVID.)



Want to play Bridge at home? [CLICK FOR BRIDGE INSTRUCTIONS](#)

ELDER SPOTLIGHT - CONTINUED

"After Mom and Dad retired, they purchased a travel trailer and explored the U.S. and Mexico. They also lived on Sanibel Island, Florida for several years during their retirement.

Mom was active with St. James Episcopal Church. During this time, she helped create a day care center that was affiliated with the church".

Chaplain Bill: Ruth never felt well enough to make it to our chapel services. Since she is in Canfield Court, she has a front row seat at our chaplain's functions. Now I know why she sounds so good when she sings. A passage I pick for Ruth is Psalm 96:1-2 "Sing to the Lord a new song; sing to the Lord, all the earth. 2. Sing to the Lord, praise His name proclaim His salvation day after day". (NIV) We are so blessed to have his lovely lady with us here at SEM Haven, helping us sing praises to our Lord.

Have a great month!

~ Jessica Hall, Administrator