

January 2020

MONTHLY UPDATES



HOUSEHOLD HAPPENINGS

Kugler Woods, Hickory Cottage, Willow Way – Assisted Living is proud to present the John Lewis Magic Show on 1/8 at 2:00 in our dining room on Kugler Woods. Everyone is welcome to join in the fun! Flute Music with Mark Huffman will be 1/15 at 2:00. Our lunch outing is scheduled for 1/22, resident's choice. We also have many happy hours and interactive games planned this month. We are getting ready to win the Chili Cook-off contest in the Gathering room on 1/31 at 2:00. We will be using one of our resident's secret family recipes. The Bloom where you are loved club will be getting ready to sprout some new plans for 2020! Stay tuned for upcoming events.

Canfield Court – We made it through the holiday season with a lot of fun and laughs! December consisted of treats, music, parties, crafts, outings, and some special guests; such as multiple different choirs from local schools, carolers, angels and even Santa! So, with the season coming to an end and the new year approaching we will continue with the fun. We will celebrate several Birthdays this Month, do a little cooking/ baking, and enjoy Music with James Rosenburger, Mark Hoffman, and Jim Lindenschmidt. Clermont county library will once again present us with Dream Weavers the amazing storytellers! Canfield Court wishes everyone a safe blessed and happy New Year filled with love and happiness!

Gatch Grove – WOW!! The Holidays flew by; let the un-decorating begin. We will be taking down all the decorations the first full week of January. Our lunch outings will be 1/13 to Frisch's & 1/27 to Bob Evans. There is a shopping trip to Walmart scheduled on the 29th at 1:30pm. We are back to our normal musical groups in January. We will play card games, dice games, balloon volleyball, puzzles, poker, trivia, and, of course, have manicures. If anyone would like to help with the trips please let Tim know at 513-965-7722 or tbentley@semhaven.org.

McCormick Landing - 2020 is finally here! We have many things planned for McCormick. We will start the month off with music by Jim Lindenschmidt. We will continue to have learning circles and baking. We will also have snack and chat, movie time, time with Chaplin Bill, recipe review and playing games. We will also be participating in the chili cook off at the end of the month.

Ripple Ridge – Ripple Ridge is slowing down a bit for January. The holiday madness has us exhausted. We are going to RELAX and focus on feeling good! Chaplain Bill will be joining us every Wednesday in January for some spiritual reflection. We will be enjoying some healthy and delicious fruit smoothies, and playing a little balloon volleyball to keep us active, not to mention we are a bit competitive and always look forward to some competition. We have a lunch outing planned to Frisch's Big Boy. Families are always welcome to attend any activities & outings with us.

EDEN ALTERNATIVE

EDEN ALTERNATIVE™ – There are ten principles that form the basis of The Eden Alternative. Eden Principle #1 is a statement about why we need to change the culture of resident care: The 3 plagues of loneliness, helplessness & boredom account for the bulk of suffering among our Elders. This principle teaches us that medical diagnosis and treatment are just part of the care of our elders; we need to treat each individual as a person with physical, emotional and spiritual needs that are even more important to their quality of life.



Household pet, Walter and a visiting friend.

ELDER SPOTLIGHT

~ Chaplain Bill

What a way to start off 2020, a new year. Chaplain Bill has been here 15 years and this lady was here three years before he came. If you know anything about SEM Haven, you know **Mary Banks**. She was born and raised in the coal mining country of Pike County Kentucky, in the town of Canada. Mary's mother was a homemaker and her dad was a coal miner working on the big high tipple emptying coal cars; he retired after 36 years. They had fourteen children, 7 girls and 7 boys.

Mary graduated from high school at nineteen and came to Cincinnati at age twenty in 1949. She worked at Newbury department store as a cashier and then worked at Vest & Barrel Construction Company as a secretary for payroll for 5 years. She later went to work for the Baldwin Piano Company working as a record keeper. It was there she met her first husband, a guard named Homer Cox. They married in 1953 and her daughter Rhonda was born. After a move to Illinois, Homer left them and she and Rhonda moved back to Cincinnati. Mary then went to work at Newtone where she met Frank Banks, a disabled Marine veteran. They married in 1957. Mary went on to become one of the strongest Christian women I've ever met.

Her hobbies are cooking and cleaning. People would often remark that her floor was clean enough to eat off of. She loved cooking so much that she often cooked for her whole church. Mary was a member of the Cozaddale Baptist Church in Goshen, Ohio where our own Bill Webb (volunteer minister) baptized her. Mary later went to the Woodville Baptist Church and then to the First Baptist Church of Milford. She never misses church and even goes to revival meetings. Mary goes to chapel here at SEM Haven each Sunday as usual. She volunteers as a chapel helper and helps make rosaries with our Catholic volunteer group.

She loves the old TV sit-coms and her favorite movie star is John Wayne. She loves semi-classical and Christian music, especially Southern Gospel quartets.

Mary could be described by many great passages but I love Psalm 26. I hold this one for me and I think you can see Mary in it. Here are some excerpts from Psalm 26:1-3 Judge me, Oh Lord, for I have walked in mine integrity; I have trusted also in the Lord; therefore, I shall not slide. Examine me, Oh Lord and love me; try my reins and my heart. For thy loving kindness is before mine eyes and I have walked in the truth. Verse 8, Lord I loved the habitation to thy house and the place where thine honor dwelleth. Verse 12, My foot standeth in an even place; in the congregations will I bless the Lord.

Mary was our spotlight in May 2007, and I believe we need to honor her again, she is so special, she is like part of our chapel. God blesses us with Mary.

OTHER NEWS

EMPLOYEE NEWS – Congratulations to Roger Judd who retired on December 13. We wish him and his wife Debby the best; they both retired on the same day!!

SEM HAVEN IS HIRING - Join us for a Job Fair on January 16. Find all of the details on our [website](#).

COLD & FLU SEASON – We ask that anyone with symptoms of illness not visit your loved ones at SEM Haven. As you know, our residents are very susceptible to complications of flu and colds.

HOLIDAY TREATS –The staff at SEM Haven wishes to thank the many families and vendors who brought in a wide assortment of treats & gifts for us to enjoy. It really means a lot to be remembered in this way and we want you to know how much we appreciate your thoughtfulness.

SOCIAL EVENTS HIGHLIGHTS:

January 4th – Frank Gallenstein – 2pm

January 7th – Documentary: Bald Eagles – 6pm

January 8th – Exploring the Grand Canyon – 6pm

January 9th – Noah and the Great Ark-6pm

January 10th – Tom White music -2pm

January 11th – Mark Buchiet music- 2pm

January 15th – Resident Council 3:00pm

January 16th – 27 Dresses Movie – 2pm; The Outlaw Josie Wales – 6pm

January 18th – Music with Mark and Chuck – 2pm

January 21st – Learning about Chinese New Year – 6pm

January 22nd – Old Hollywood: Ingrid Bergman – 6pm

January 23rd – Action Auction – 2pm; The Great Smokies – 6pm

January 24th – Craig Nagel Music – 2pm

January 26th Music with Nadine -3:15pm

January 31st – Chili Cook-off – 2pm



Happy New Year!! --Jessica Hall,
Administator